Teen SPEAK

SUPPORTING FAMILIES AND COMMUNITIES WITH TEEN SPEAK®

TRAINING OF EDUCATORS (TOE)
TRAINING OF TRAINERS (TOT)

Training of Educators

Equip your team with the knowledge, skills and confidence to provide *Teen Speak®* parent sessions through our exclusive *Teen Speak®* Training of Educators.

"I admit I sometimes think I know so much, teaching parenting, raising four children, teaching adolescents for many years. Yet your research and practical approach was refreshing."

Teen Speak® Curriculum

Equip parents with effective, real-world communication strategies to reduce youth risk factors and build strong family relationships.

Part 1: Self-Paced Learning

Teen Speak self-study materials give parents a chance to learn and 'try on' new skills as well as gain an understanding of youth development and risk. This increases the learning opportunities (and retention) for participants and puts less pressure on the educators to provide all the content during the live session.

Part 2: Live Education and Practice

Building upon the self-paced learning, educators lead activities and discussion during the live sessions to help parents translate their new knowledge and skills into everyday practice. Parents will leave feeling prepared to communicate more effectively with their teens and equipped to handle difficult discussions.

**Teen Speak* can be facilitated in many ways to meet the needs of your participants - as workshops, book clubs, lunch and learns, one on one – you choose what works best.

Live curriculum components include:

Building Strong Relationships: Talking *with*, not *at* your teen → Communication Strategies that Work → Positive Decision Making: Listening for change talk → Working with Resistance: Navigating difficult conversations

LEARN MORE | EMAIL | SCHEDULE CALL

Training of Educators

Professionals are equipped to provide *Teen Speak* curriculum to parents and supportive adults in their communities

1 Pre-Work

2-4 hours self-guided online learning modules:

- Access to workbook/audiobook
- Access to online learning portal 2 weeks before and after workshop

2 Workshop

Live 8 hour workshop:

- Step-by-step walk through of the curriculum
- One-on-one, small and large group feedback by expert trainers
- Participant teach-back

Ongoing Support:

- Access to all training resources and materials
- Annual group review of Teen Speak curriculum, lessons learned, and Q&A with expert trainers

Training of Trainers

TOE trained professionals are equipped to provide *Teen Speak* Training of Educators curriculum to other professionals within their organization or program

1 Pre-Requisites

- Successfully complete the Training of Educators
- Complete MITEY Change online course
- Facilitate at least one full TOE workshop
  - Submit completed fidelity form and 30 min recording of facilitation

2 Workshop

4 hour session

- Review of TOE curriculum
- Discuss TOE common participant questions, challenges and scenarios
- Review lessons learned from the field

3 Ongoing Support

- Observation of the facilitation of the first TOE with feedback
- Annual group review of TOE curriculum, lessons learned, and Q&A with expert trainers
- Annual one-on-one meeting with expert trainer to support TOE facilitation

The workshops have such useful information and skills to help parents…I also like that you have different delivery method options to better reach the populations we work with.

LEARN MORE | EMAIL | SCHEDULE CALL