



The TELL-TALK-VENT are evidence based, standardized risk screening tools developed to support professionals in reducing the mental health, substance use and sexual health risk factors contributing most to youth health and well-being.

TELL-TALK-VENT Checks ALL of the Essential Boxes:



Interrelated High Priority Risks:

- Mental Health (depression/suicide, anxiety, bullying, discrimination)
- Substance Use (alcohol, binge drinking, nicotine/tobacco, marijuana, vaping, OTC and prescription drug use)
- Sexual Health/Development (body image, sexual activity, use of condoms/birth control methods, substance use prior sex, sexting, partner violence)
- Protective Factors (adult support, positive peer relationships)



Tailored By Age:

Tailored for age-specific risks and language, with three distinct screening tools available in English and Spanish:

- TELL- for ages 8-10
- TALK - for ages 11-12
- VENT- for ages 13+



Minor Consented Risks:

The risks included are covered by minor consent laws in most states. *Check your state laws for ages and categories.*



Evidence-Based Health Education:

Integrates behavior change science to deliver evidence-based brief interventions that have been shown to be most effective at reducing youth risk. Interventions provided include ideas for behavior change, statements to increase self-efficacy, and national resources.



Short-Format Focused on National Screening Recommendations:

Designed to overcome the real-world barriers of time, workflow, knowledge, skills and youth engagement. With **a maximum of 18 questions**, Youth can complete the screening **in less than 5 minutes**. The questions are grouped in sections by risk category and may be used in part (e.g. only mental health section) or in total.

| Organization | Adolescent Screening Recommendation |
|--|--|
| American Medical Association | Annual comprehensive screening for risk factors |
| American Academy of Pediatrics | Annual screening including psychosocial/behavioral assessment, depression and suicide risk & drug/alcohol use assessment |
| US Preventive Service Task Force: AHRQ | Screening for depression, anxiety, tobacco use/prevention, obesity, intimate partner violence, and sexual activity |
| American Academy of Family Physicians | Screening for sexual activity, STIs, depression and mental health, tobacco use, substance use, availability of a confidant |
| American College of Preventive Medicine | Annual comprehensive screening for risk factors – across all visit types |
| Department of Health and Human Services Office of Population Affairs | Screening for depression, drug and alcohol use |