Possibilities for Change
Rising Together
Schoolwide Mental Health Screening™
Powered by J&B VIRTUAL SOLUTIONS

Measuring What Matters

Key insights from the Rising Together screening data and the real impacts on youth and their families.

Getting Real About The Youth Mental Health Crisis

Mental health is the largest determinant of a youth's overall health, wellbeing, and academic success, yet the Centers for Disease Control and Prevention (CDC) reports that:

- **More than 1 in 3 youth** report persistent feelings of sadness or hopelessness.
- **1 in 6 youth** report making a suicide plan in the last year.
- **1 in 4 youth** report not having a trusted adult in their life.

Meaningful and Measurable Improvement to Youth Outcomes

Screening program data supports the efficacy of our comprehensive program and proven framework powered by ΛDΛM, the nation's first trauma-responsive youth screening technology.

Through Participation in Rising Together Schoolwide Mental Health Screening:	After Identification and Intervention:
1 in 3 students reported depression symptoms. **1 in 3 students** reported anxiety symptoms. **1 in 15 students** reported active suicidal thoughts or plans.	**More than 40% of students reported improvement** to depression and anxiety symptoms.

61% of students no longer reported suicidal thoughts or actions
after identification, intervention, and ongoing care.

Source: ΛDΛM System Data

"I had a sixth grader who is in therapy outside twice a month … and it turned out that she had been making preparatory steps. She was writing letters. She was definitely looking at and moving forward with wanting to attempt … That's why we do the screener. Because in my heart, we saved her."

~ **Stacy Andrews,** *School Counselor, Counselor, Cañon City Schools*

Strengthening Protective Factors by Empowering the Trusted Adults in Youth Lives

Our comprehensive program includes the Teen Speak® skill-building course to support parents and guardians.

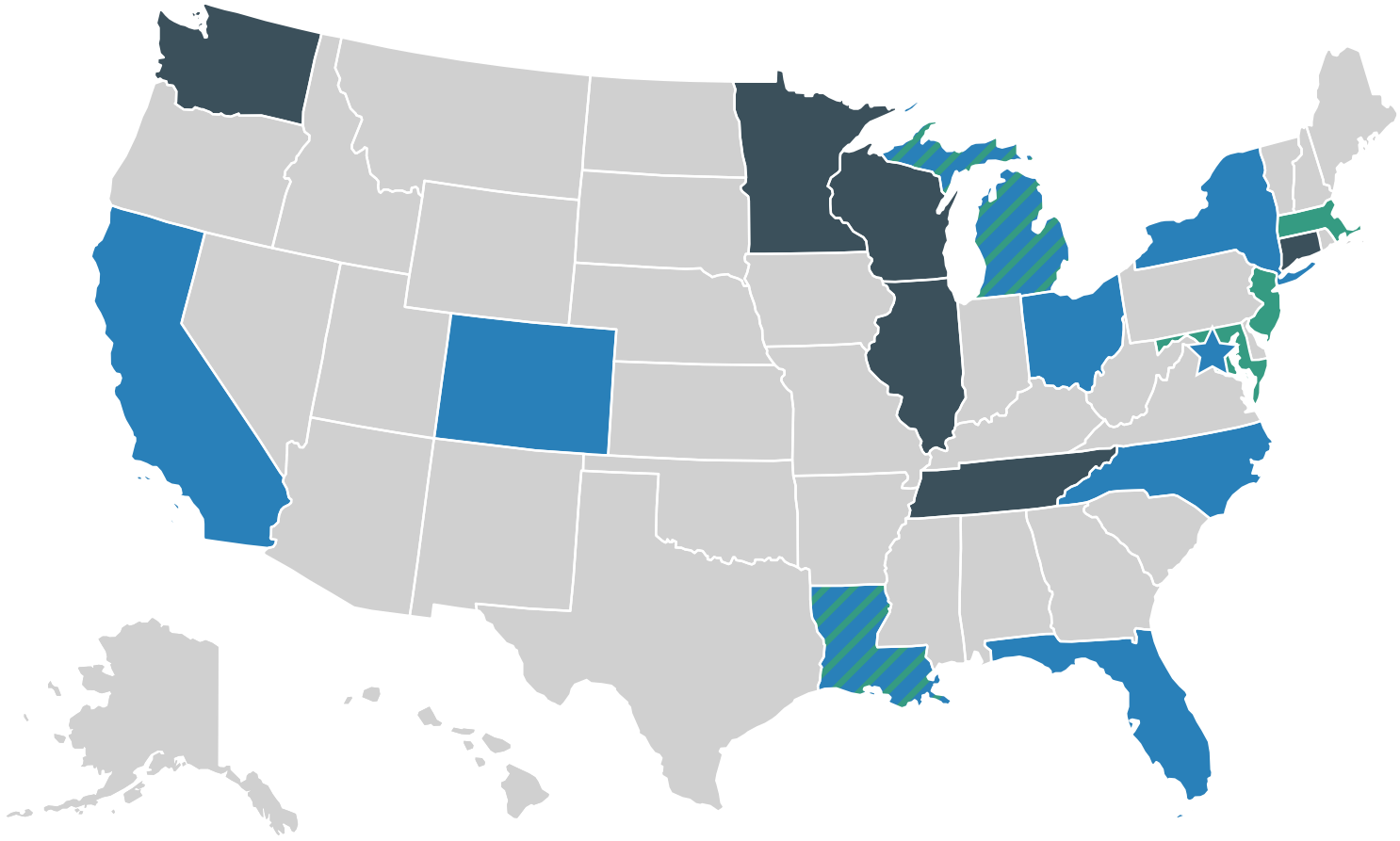
Nearly 80%
reported feeling confident and comfortable talking through challenging situations with their teen.

53%
reported feeling connected with their teen (+18%).

Source: Post-Screening Parent Survey Data

Our Nationwide Movement to Screen One Million Youth

Our impact is in motion across the country — and together with our partners and allies, we're building state-by-state momentum.



Active
State where programs have occurred or are actively occurring

Gaining Momentum
State with a "foothold" and some momentum (a committed policymaker, a few schools, a well-resourced champion or donor, etc. as defined by that mid point between zero and critical mass)

Seeking Support
State in need of a "foothold"

Insights from Multi-State ΛDΛM Data

The Call to Action: Join the Movement Today

Your voice, platform, investment, or influence can change the trajectory of a young life. Together, we can help youth live safer, healthier, more successful lives.

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"This is Rising Together — a bold movement to rewrite the story for our youth."

~ **Ray Lewis,** *Founder, Ray of Hope Foundation™*

A National Movement With One Mission

Radical change requires radical partnership across healthcare, technology, education and more. Here's a look at the players who have joined forces to build and expand upon game-changing support systems for youth.

The Foundation

Multidisciplinary experts

Possibilities for Change

The Technology

High-tech software engineers

J&B VIRTUAL SOLUTIONS

The Network

Partners, pro athletes and other youth advocates

Possibilities for Change provides evidence-based youth health and safety screening tools, cutting-edge technology, comprehensive programs, and multifaceted support systems to identify and address risk sooner and empower youth and young adults to live healthier, safer, and more successful lives.

There's a place for you in this movement. Ready to get in the game?

Learn More Here

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