

RAAPS-PH builds on the core 21-question RAAPS assessment, with 11 additional questions capturing the prevalence of social and environmental conditions that threaten youths' health, well-being and progress toward graduation. RAAPS-PH uncovers chronic exposure to social and environmental stressors (such as hunger, homelessness, teen pregnancy, and discrimination) that threaten healthy brain, cognitive, and social-emotional development. The standardized, comprehensive assessment was designed to be easily administered in a clinical setting as well as a school or community-based setting—with no clinical background required—and is available to license in a cloud-based or paper format.

Sample questions from some of the risk categories in the RAAPS-PH assessment are below:

Basic need – food:

In the past 12 months, did you ever feel hungry because there **wasn't enough food** to eat at home?

Academic:

On your **last report card**, did you get a **"C" or better** in all of your classes?

Homelessness:

In the past 6 months, have you ever had to stay overnight in a shelter, motel, car or some other place because you didn't have a home to stay in?

Discrimination:

In your **everyday life** have you felt **stressed** because someone has treated you differently based on your race, ethnicity, gender identity, or sexual orientation?

When an adolescent responds positively to any of the questions, a pre-populated health message appears upon completion of the assessment. The health messages can be used by professionals as talking points to help guide the adolescent toward positive behavior change. In the example below, the adolescent responded positively for safety risks.

Sample Health Message

If you've ever been hungry because there wasn't enough food, you're not alone 1 in 6 people in the U.S. are dealing with hunger. There are people and services that can help!

- Check with an adult at your school to see if they have a breakfast program.
- Get to school early enough to get something to eat before your classes start.
- Talk to a teacher, counselor, or someone else you trust. They can help connect you with a food bank in your area or other food programs.

Eating well can help you perform better in and out of school. It can also help you stay strong and healthy. Don't be afraid to speak up if you need help!

Resources:

<http://bit.ly/feeding-american-find-food>
<http://bit.ly/food-pantries>