

Motivational Interviewing Training for Empowering Youth towards Change provides education and resources to enhance professional's knowledge, skills, and confidence in using motivational interviewing (MI) strategies to provide effective and efficient youth risk coaching.

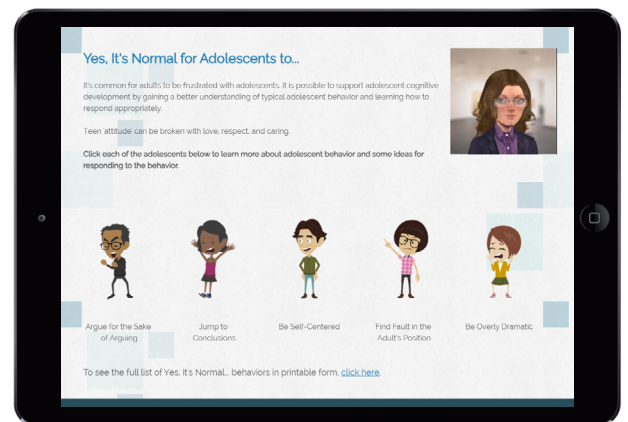
MITEY Change Online Course Components:

Interactive, self-guided skill building modules

- Interactive education and skill building on youth development, risk and effective use of MI strategies.
- Accessible 24/7, these modules support effective adult learning by providing a dynamic and engaging experience for participants including
 - Real life examples
 - Video demonstrations
 - Activities
 - Knowledge and Skill Checks

***includes 8 continuing education credits: nursing, physician, social work, health educator, teacher**

Course Outline	
Module 1	Youth Development
Module 2	Health and Related Risk Status of Youth
Module 3	Strength-Based Approach
Module 4	Assumptions and Personal Comfort Levels
Module 5	Motivational Interviewing – The Basics
Module 6	Behavior Change
Module 7	OARS
Module 8	Change Talk
Module 9	SMART Plans
Module 10	Resistant Youth
Module 11	Communication Errors
Module 12	Youth Confidentiality
Module 13	Motivational Interviewing Elements WrapUp



MITEY Change Meets Your Needs to:

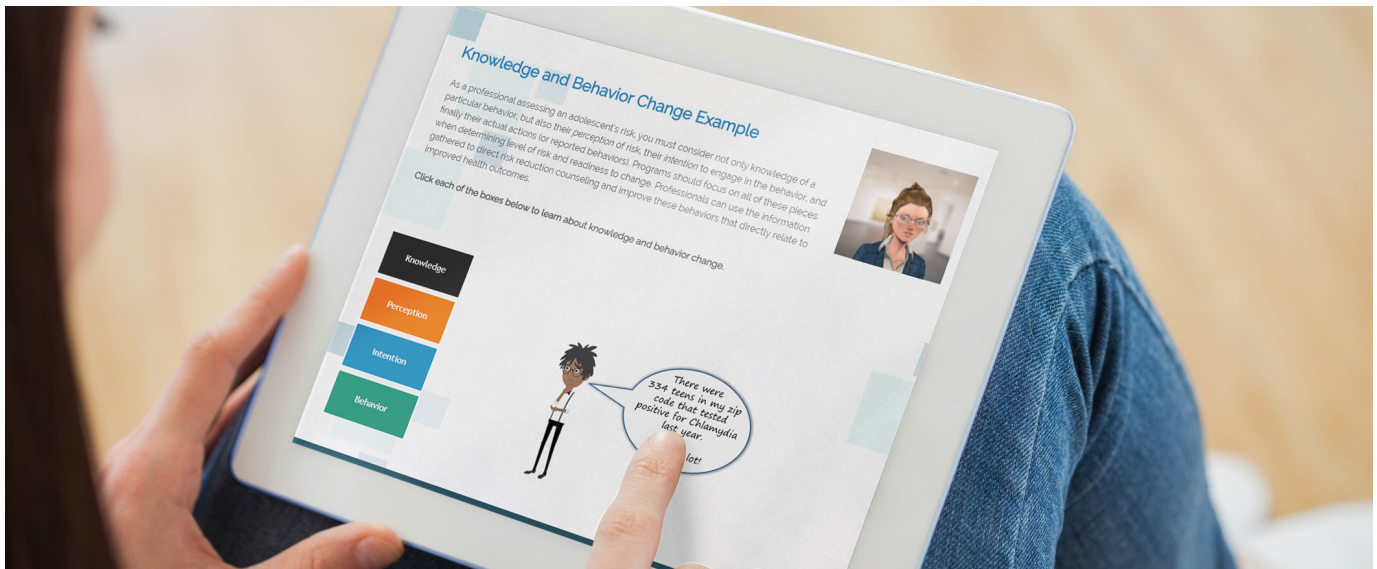
- ✓ **Support staff** to feel more equipped and confident in finding youth motivation and guiding them towards change
- ✓ **Standardize** youth screening and coaching services
- ✓ **Meet requirements** for professional development by providing options that best fit your staff needs
- ✓ Provide **year-round, on demand** staff training

92%

of participants improved their skills in communicating with youth

After completing the MITEY Change online course, participants will be able to:

- Identify youth risks & strengths and their impact on health outcomes.
- Understand personal comfort levels and barriers to effective communication.
- Identify motivational interviewing strategies to promote positive change specific to youth developmental milestones and stages of behavior change.
- Recognize how to apply motivational interviewing strategies into youth interactions.
- Identify motivational interviewing strategies that can be used to overcome youth resistance.
- Demonstrate effective use of motivational interviewing strategies.



Annual Pricing by Organization

10 participants	\$2500 (\$250/pp)
25 participants	\$3750 (\$150/pp)
50 participants	\$5000 (\$100/pp)
100 participants	\$7500 (\$75/pp)
250 participants	\$12500 (\$50/pp)
500 participants	\$20000 (\$40/pp)
1000 participants	\$30000 (\$30/pp)

For a FREE preview or to individually enroll and start the course TODAY

[View the course page](#)